



**KARL M<sup>C</sup>CARTNEY JP MP**  
**Member of Parliament for Lincoln**

karl.mccartney.mp@parliament.uk

House of Commons, House of Commons, London, SW1A 0AA



We are amidst the most exceptional circumstances our country has faced in a generation. Our Government has taken decisive action and asked everyone to help in this national effort. This is something not normally witnessed in peacetime. As your Member of Parliament, I am making this information available to update you and to reassure you that all Government Departments are working hard to protect you and your families. Stay in your home unless travelling to work, essential shopping or exercising once a day.

**See below for trusted and the latest reliable information:**

Government Coronavirus Website - <https://www.gov.uk/coronavirus>

NHS Coronavirus Website - <https://www.nhs.uk/conditions/coronavirus-covid-19/>

**Useful Local Council Websites and Telephone Numbers:**

Lincolnshire County Council - <https://www.lincolnshire.gov.uk/coronavirus> - 01522 552222

City of Lincoln Council - <https://www.lincoln.gov.uk/coronavirus> - 01522 881188

North Kesteven District Council - <https://www.n-kesteven.gov.uk/coronavirus/> - 01529 414155

**For Business Support –**

[supportingbusiness@lincoln.gov.uk](mailto:supportingbusiness@lincoln.gov.uk)

[businesslincolnshire@lincolnshire.gov.uk](mailto:businesslincolnshire@lincolnshire.gov.uk)

**Are you an elderly or vulnerable resident in need of food deliveries?**

Salted Orange are now offering delivery of a weeks' worth of meals (21 meals in total) for a reasonable price of £20 for those over 65 years old. They are now working in partnership with Age UK across the County of Lincolnshire. Their contact details are here CALL: 01522 712575 or Go to: <http://tiny.cc/a70rlz>

We are also aware of various Facebook Groups and other community groups which are willing to help those who are elderly, vulnerable or those who have self-isolating

<https://www.facebook.com/groups/141092510568580/?fref=nf>

Age UK - <https://www.ageuk.org.uk/lincolnsouthlincolnshire/>

**Key Health Workers or Elderly and Vulnerable People**

If you are a key worker and need help buying specific food or provisions. Please email me and we will be in contact with various store managers who will then seek to assist you to find the goods you need.

**Full guidance on staying at home and away from others**

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/874742/Full\\_guidance\\_on\\_staying\\_at\\_home\\_and\\_away\\_from\\_others\\_1\\_.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874742/Full_guidance_on_staying_at_home_and_away_from_others_1_.pdf)

**This document provides guidance on the closure of all retailers that sell non-essential goods and other non-essential premises, as part of further social distancing measures.**

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